

Cinnamon Bar Naturally and Artificially Flavored

Nutrition Facts

7 servings per container

Serving size 1 Bar (45g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 220mg 10%

Total Carbohydrate 18g 7%

Dietary Fiber 5g 18%

Total Sugars 8g

Includes 7g Added Sugars 14%

Sugar Alcohol 2g

Protein 15g 29%

Vitamin D 2mcg 10%

Calcium 230mg 20%

Iron 4.6mg 25%

Potassium 70mg 2%

Amount Per Serving % Daily Value

Vitamin A 130mcg 15%

Vitamin C 9mg 10%

Vitamin E 2.2mg 15%

Thiamin 0.18mg 15%

Riboflavin 0.2mg 15%

Niacin 2.4mg 15%

Vitamin B₆ 0.26mg 15%

Folate 40mcg DFE 10%

(25mcg folic acid)

Vitamin B₁₂ 0.36mcg 15%

Biotin 4.5mcg 15%

Pantothenic Acid 0.5mg 10%

Phosphorus 170mg 15%

Iodine 15mcg 10%

Magnesium 45mg 10%

Zinc 1.6mg 15%

Copper 0.31mg 35%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per Gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Protein Blend (Soy Protein Isolate, Milk Protein Isolate), Polydextrose, Roasted Soybeans, Sugar, Maltitol Syrup, Fractionated Palm Kernel Oil, Invert Sugar, Water, Nonfat Milk, High Maltose Corn Syrup, Tapioca Starch, High Oleic Sunflower Oil (With Tocopherols Added To Protect Flavor), Natural and Artificial Flavors, Maltodextrin, Cinnamon, Nonfat Yogurt Powder (Cultured Nonfat Milk), Calcium Phosphate, Dextrose, Salt, Calcium Carbonate, Soy Lecithin, Glycerine, Magnesium Oxide, Caramel (For Color), Ferric Orthophosphate, Ascorbic Acid, Sucralose, Alpha-Tocopherol Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Biotin, Cholecalciferol, Cyanocobalamin.

Contains: Soy and Milk.

May Contain Traces of Peanuts and Other Nuts.

Contains bioengineered food ingredients.