

Peanut Bar Naturally Flavored

Nutrition Facts

7 servings per container

Serving size 1 Bar (45g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 5g 6%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 230mg 10%

Total Carbohydrate 18g 7%

Dietary Fiber 5g 18%

Total Sugars 7g

Includes 6g Added Sugars 12%

Sugar Alcohol 2g

Protein 15g 29%

Vitamin D 2mcg 10%

Calcium 210mg 15%

Iron 4.6mg 25%

Potassium 80mg 2%

Amount Per Serving % Daily Value

Vitamin A 130mcg 15%

Vitamin C 9mg 10%

Vitamin E 2.2mg 15%

Thiamin 0.18mg 15%

Riboflavin 0.2mg 15%

Niacin 2.4mg 15%

Vitamin B₆ 0.26mg 15%

Folate 40mcg DFE 10%

(25mcg folic acid)

Vitamin B₁₂ 0.36mcg 15%

Biotin 4.5mcg 15%

Pantothenic Acid 0.5mg 10%

Phosphorus 180mg 15%

Iodine 15mcg 10%

Magnesium 50mg 10%

Zinc 1.7mg 15%

Copper 0.32mg 35%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per Gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Protein Blend (Soy Protein Isolate, Milk Protein Isolate), Polydextrose, High Maltose Corn Syrup, Maltitol Syrup, Roasted Soybeans, Invert Sugar, Peanuts, Peanut Butter (Peanuts), Water, Sugar, Tapioca Starch, Fractionated Palm Kernel Oil, Natural Flavors, Nonfat Milk, Glycerine, Lactose, Cocoa (Processed with Alkali), Salt, Calcium Phosphate, Calcium Carbonate, Dextrose, Magnesium Oxide, Soy Lecithin, Sunflower Oil, Maltodextrin, Ferric Orthophosphate, Ascorbic Acid, Sucralose, Alpha-Tocopherol Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Biotin, Cholecalciferol, Cyanocobalamin.

Contains: Soy, Milk, and Peanuts.

May Contain Traces of Other Nuts.

Contains bioengineered food ingredients.